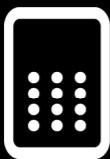


# NEED FOOD?

WE CAN HELP WITH THAT

KLF'S GROCERY PANTRY PROGRAM

## CALL US



If you live in Kalamazoo County, call:

**269-343-FOOD (3663)**

KLF's Call Center is open

Monday-Friday from 9 a.m. -1 p.m.

Call as close to 9 a.m. as possible for a same-day appointment.



## SET AN APPOINTMENT

We will schedule you for a same-day appointment at one of our pantries located within Kalamazoo County. While grocery bags are provided, feel free to bring your own reusable grocery bags if you'd prefer.



## PICK UP FOOD

**Whoever is picking up food must present a form of ID when they arrive** (library card, drivers license, mail, etc.). You will choose four day's worth of food for each member of your household.



Households can utilize the Grocery Pantry Program service once every 30 days or more often with a referral.

## THE FOOD YOU'LL RECEIVE

Food is available based on the USDA's nutritional categories. You may choose a certain amount of food from each category based on household size. KLF offers perishable and non-perishable food.



PROTEIN



GRAIN



FRUIT



VEGGIE

# MOBILE FOOD INITIATIVE

Kalamazoo Loaves & Fishes offers free supplemental food items through the Mobile Food Initiative (MFI) several times each month.

Food is offered on a first-come, first-served basis without an appointment. Selection varies by site. Please bring bags and/or boxes to carry food in.



## FOR DATES & LOCATIONS

- VISIT [KZ0OLF.ORG](http://KZ0OLF.ORG)
- CLICK 'GET HELP'
- OR CALL 269.488.2617

WE ENCOURAGE ANYONE LIVING IN KALAMAZOO COUNTY EXPERIENCING HUNGER OR FOOD INSECURITY TO UTILIZE OUR SERVICES.

## HOW TO REACH US



**269.343.FOOD (3663)**



**INFO@KZ0OLF.ORG**

SEARCH FOR KALAMAZOO LOAVES & FISHES  
**ON SOCIAL MEDIA**



901 Portage St.  
Kalamazoo, MI  
49001  
[kzoolf.org](http://kzoolf.org)